



**Course summary:**

Hang on to your hat Nellie, this one's a ripper! Put it in the big ring and step on it. About a 10 mile loop, this course seems to be in quattros – four significant climbs, 4 minutes long on two of them, 4 wooden bridges... Most racers will never use small chainring. Sub 45 minute laps will be the norm for the faster riders.

**Course directions:**

Start at Coyote Crossing Picnic Shelter and head west past backstop on singletrack. Continue straight uphill past intersection. Turn left at wooden bench at top of hill and go west toward hogback. Descend dirt road to left, cross paved park road into parking lot, following east side of parking lot and exiting on south east corner onto singletrack. Bear right onto wide Mt. Carbon Loop Trail and proceed west along Bear Creek. Bear right at all intersections, cross the first of four wooden bridges and bear right up to paved road at horse crossing sign. Go 25 meters beside paved road, cross bridge over creek on cement next to paved road. Continue straight through trees, then left following Mt. Carbon Trail. Follow rocky double track up steep pitch to smooth double track continuing to parallel paved road going east. At trail junction, bear hard left down dirt road through wooden posts and turn right onto Fitness Trail. Go 20 meters on wide path, then exit left onto Cottonwood Trail singletrack. Follow this twisty turny trail, bearing left at fork, staying along banks of creek. Cross wooden bridge, bear left at fork, then bear right at next fork following Cottonwood Trail sign. Cross asphalt road. At next trail junction, turn left-

south – and rejoin Mt. Carbon Loop Trail. Cross wooden bridge, and continue east along edge of lake. Continue straight on doubletrack, beginning the first significant climb – up Mt. Carbon. Cross asphalt path, and continue up Mt. Carbon Loop singletrack climb to the highest point of course. Bear left at forks and proceed across the hill and down towards golf course. Turn left onto asphalt maintenance road for 100 meters, then left at maintenance building parking lot back onto Mt Carbon singletrack paralleling road and traveling north. Your 2<sup>nd</sup> four minute climb begins on the “backside climb” as you proceed northwest, crossing the road and continuing to top of Dam on Mt. Carbon Loop. Hang on for a ripping descent, over the concrete bridge, then turn right – **OFF** of Mt. Carbon Loop Trail – onto double track road. Go 25 meters, then bear left at wooden post back onto unmarked singletrack trail. Proceed west toward antennae towers on ridge for the 3<sup>rd</sup> climb on course – “Granny’s grunt”, bearing right at fork to go up grunt. Descend “Nat’s Folly” bearing left at fork, then right at the bottom of hill turning north onto double track. (opposite of last year) Proceed backwards on last year’s course to intersection of North Park Trail / Morrison Road- and turn left - west- following trail alongside Morrison Road. Turn left at fork, along canal, and past Bear Creek Lake Park sign, on double track. Bear right on singletrack for sweeping U-turn and the start of “Corky’s Climb” – the final climb of course. Head west again for a fast descent, continuing along Morrison Road through the gate and past wooden post where you will make another U-turn and head back east on double track. Stand up here, put the wind at your back and head for the barn. Ride back to the canal and make a very careful right hand turn across your 4<sup>th</sup> wooden bridge. (just before the spot where you made the u-turn for Corky’s climb) **Use Caution on the bridge!!** Turn immediate left after bridge, then an immediate right, for the last 500 meter kick down towards the finish. A final right turn on the shelter road for the 50 meter sprint to the finish line and you’ve completed one loop!